



ANTI-BULLYING ADVICE



FOR CHILDREN



2026

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2027

SEPTEMBER 2026 - SEPTEMBER 2027



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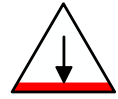
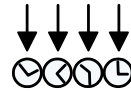
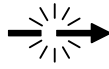
- Advice for Bullies



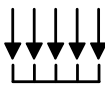
- Cyberbullying



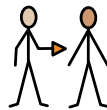
WHAT IS BULLYING?



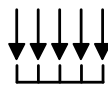
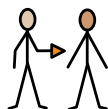
- It is when it happens on a regular basis



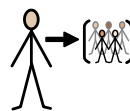
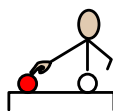
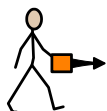
- Being mean all the time



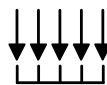
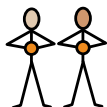
- Physically hurting you



- Calling you names all the time

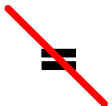


- Taking things that belong to you



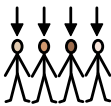
- Leaving you our all the time

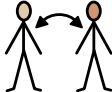
BEING KIND

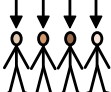
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 Bullying is not ok

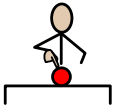
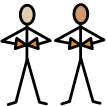
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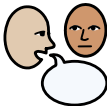

 Be nice to everyone

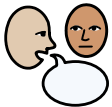
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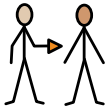


 Look after each other and everyone's things

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 Think about what we do and say

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 Talk to adults if you have a problem or



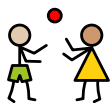
 someone is being unkind



HOW TO BE A GOOD FRIEND



- Be nice and polite



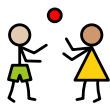
- Play nicely



- Share things



- Be kind and helpful



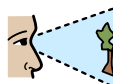
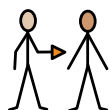
- Play together



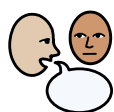
- Treat people with respect



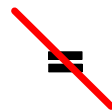
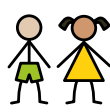
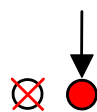
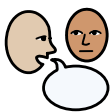
ADVICE



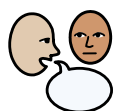
IF YOU SEE BULLYING:



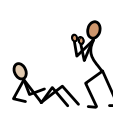
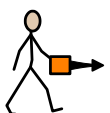
- Talk to the staff



- Tell other children it is not ok to bully



- Talk to someone at home



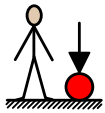
- Take the person being bullied to an adult



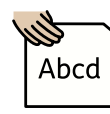
- Shout stop



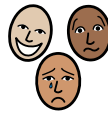
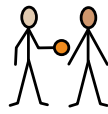
ADVICE FOR BULLIES



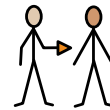
- Stay calm



- Try not to use unkind words



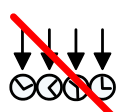
- Talk about your feelings



- Find an adult to help you think about



things



- Bullying is never ok

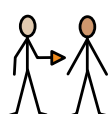


CYBER BULLYING

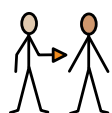
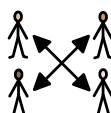
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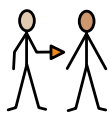
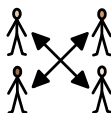
 Cyber bullying is when someone bullies



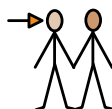
you through the computer



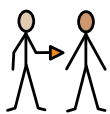
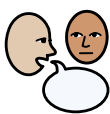
- Don't meet with anyone you don't know



- Don't talk to anyone you don't know



- Ignore them



- Tell an adult you know and trust